

# Patons® Grace



## Sailor Dress (to knit)

### SIZES

#### Chest measurement

**12 mos:** 19 ins [48 cm]  
**18 mos:** 21 ins [53.5 cm]  
**2 yrs:** 23½ ins [59.5 cm]

#### Finished chest

**12 mos:** 22 ins [56 cm]  
**18 mos:** 24 ins [61 cm]  
**2 yrs:** 26 ins [66 cm]

### MATERIALS

**Patons® Grace** (50 g/1.75 oz)  
**Size:** 12 mos (18 mos-2 yrs)  
**Main Color (MC):** (White) 6 (7-8) balls  
**Contrast A:** (Blue) 1 (1-1) ball

Sizes 3¼ mm (U.S. 3) and 3¾ mm (U.S. 5) knitting needles. Pair of size 3¾ mm (U.S. 5) double pointed needles **or size needed to obtain tension.** Cable needle. 3 stitch holders.

### TENSION

30 sts and 38 rows = 4 ins [10 cm] with larger needles in Panel Pat.

### ABBREVIATIONS

**C4F** = slip next 2 sts onto a cable needle and leave at front of work. K2, then K2 from cable needle.

**C4B** = slip next 2 sts onto a cable needle and leave at back of work. K2, then K2 from cable needle.

### INSTRUCTIONS

*The instructions are written for smallest size. If changes are necessary for larger sizes the instructions will be written thus ( ).*

**Panel Pat** (worked over 8 sts).

**1st row:** (RS). P2. C4B. K2.

**2nd and alt rows:** Purl.

**3rd row:** P2. K6.

**5th row:** P2. K2. C4F.

**7th row:** As 3rd row.

**8th row:** Purl.

These 8 rows form Panel Pat.

### BACK

**\*\*With MC and smaller needles, cast on 192 (216-240) sts.**

**1st row:** (RS). K7. \*Sl1K. K7. P1. K15. Rep from \* to last 17 sts. Sl1K. K7. P1. K8.

**2nd row:** P8. \*K1. P7. K1. P15. Rep from \* to last 16 sts. (K1. P7) twice.

Change to larger needles and rep last 2 rows until work from beg measures 6 (7-7½) ins [15 (18-19) cm], ending with RS facing for next row.

**Next row:** (RS). (Make Pleats). \*Slip 8 sts onto 1st double-pointed needle. Slip next 8 sts onto 2nd double-pointed needle. Turn 2nd needle (WS of both needles are faced to each other). Align left-hand needle behind the two double pointed needles and knit tog first st from each of 3 needles (3 sets of 8 sts will be worked tog) - Pleat made. Rep from \* to end of row. 64 (72-80) sts.

**Next row:** Purl, dec 2 (inc 0-inc 2) sts evenly across. 62 (72-82) sts.

**Next 2 rows:** With A, knit.

**Next 2 rows:** With MC, knit.

**Next 2 rows:** With A, knit.

**Next row:** With MC, knit.

**Next row:** Purl.

Proceed in Panel Pat as follows:

**1st row:** (RS). \*P2 (3-4). Inc 1 st in next st. K2 (3-4). Inc 1 st in next st. Rep from \* to last 2 (0-2) sts. P2 (0-2). 82 (90-98) sts.

**2nd row:** Purl.

**3rd row:** (Work 1st row of Panel Pat) 10 (11-12) times. P2.

**4th row:** Purl.

Panel Pat is now in position.

Cont in pat until work from beg measures 12½ (14-15) ins [32 (35.5-38) cm] ending with RS facing for next row.

**Armhole shaping:** Keeping cont of pat, cast off 3 sts beg next 2 rows. 76 (84-92) sts. Dec 1 st each end of needle on next 3 rows, then on following alt rows twice. 66 (74-82) sts.\*\*

Cont even in pat until armhole measures 4½ (5-5½) ins [11.5 (12.5-14) cm], ending with RS facing for next row.

**Back neck shaping: Next row:** Pat 20 (22-26) sts. **Turn.** Leave rem sts on a st holder. Dec 1 st at neck edge on next 3 rows. Cast off rem 17 (19-23) sts.

With RS of work facing, join MC to rem sts and cast off next 26 (30-30) sts. Pat to end of row. Dec 1 st at neck edge on next 3 rows. Cast off rem 17 (19-23) sts.

### FRONT

Work from \*\* to \*\* as given for Back.

Cont even in pat until armhole measures 1½ ins [4 cm], ending with RS facing for next row.

**V-Neck shaping: Next row:** Pat 31 (35-39) sts. **Turn.** Leave rem sts on a spare needle.

Dec 1 st at V-neck edge on next 3 (3-1) row(s), then every alt row to 17 (19-23) sts.

Cont even in pat until armhole measures same length as Back to shoulder, ending with RS facing for next row. Cast off.

With RS of work facing, join MC to rem sts. Cast off center 4 sts. Dec 1 st at V-neck edge on next 3 (3-1) row(s), then every alt row to 17 (19-23) sts.

Cont even in pat until armhole measures same length as Back to shoulder, ending with WS facing for next row. Cast off.

### SLEEVES

With A and smaller needles, cast on 44 (50-56) sts.

**Next row:** (WS). With A, knit.

**Next 2 rows:** With MC, knit.

**Next 2 rows:** With A, knit.



**ABBREVIATIONS:** [www.patonsyarns.com/glossary](http://www.patonsyarns.com/glossary)

Change to larger needles, MC, and proceed as follows:

**1st row:** (RS). \*K2. Inc 1 st in next st. K2. Inc 1 st in next st. Rep from \* to last 2 sts. K2. 58 (66-74) sts.

**2nd row:** Purl.

**3rd row:** (Work 1st row of Panel Pat) 7 (8-9) times. P2.

**4th row:** Purl.

**5th row:** (Work 3rd row of Panel Pat) 7 (8-9) times. P2.

**6th row:** As 4th row.

Panel Pat is now in position.

Cont in pat, keeping cont of Panel Pat, inc 1 st each end of needle on next and following 4th row, taking inc sts into garter st. Work 1 row even thus ending with RS facing for next row. 62 (70-78) sts.

**Cap shaping:** Keep cont of pat, cast off 2 sts beg next 2 rows. Dec 1 st each end of needle on next 12 (14-16) rows. Cast off 2 sts beg next 6 rows. Cast off rem 22 (26-30) sts.

## FINISHING

Pin garment pieces to measurements. Cover with a damp cloth leaving to dry.

### Sailor Collar

With A and smaller needles, cast on 60 (66-72) sts.

**1st row:** (WS). With A, knit.

**2nd row:** With MC, Sl1K. K1. pssso. Knit to last 2 sts. K2tog.

**3rd row:** With MC, knit.

**4th row:** With A, Sl1K. K1. pssso. Knit to last 2 sts. K2tog.

**5th row:** With A, knit.

**6th row:** With MC, Sl1K. K1. pssso. Knit to last 2 sts. K2tog. 54 (60-66) sts. Place markers at each end of row.

Change to larger needles, MC, and beg with a purl row, proceed in stocking st until work from beg measures  $4\frac{1}{2}$  (5-5) ins [11.5 (12.5-12.5) cm], ending with RS facing for next row.

**Next row:** K12 (13-16). K2tog. **Turn.** Leave rem sts on a st holder.

**Next row:** P2tog. Purl to end of row.

**Next row:** Knit to last 2 sts. K2tog.

**Next row:** Cast on 3 sts. Purl to end of row. 14 (15-18) sts.

**Tie shaping: 1st row:** (RS). K1. Sl1K. K1. pssso. Knit to end of row.

**2nd row:** Purl to last 3 sts. P2togtbl. P1.

**3rd row:** K1. Sl1K. K1. pssso. Knit to last 2 sts. Inc 1 st in next st. K1.

**4th row:** As 2nd row.

Rep last 4 rows 0 (1-1) time more. 11 (9-12) sts.

Proceed as follows:

**1st row:** (RS). K1. Sl1K. K1. pssso. Knit to end of row.

**2nd row:** Purl.

**3rd row:** K1. Sl1K. K1. pssso. Knit to last 2 sts. Inc 1 st in next st. K1.

**4th row:** Purl.

Rep last 4 rows 5 (5-6) times more. 5 (3-5) sts.

Work 4 rows even in stocking st. Cast off (RS).

With RS of work facing, join yarn to rem sts. Cast off 26 (30-30) sts. Knit to end of row.

Dec 1 st at neck edge on next 3 rows. 11 (12-15) sts.

**Next row:** Cast on 3 sts. Knit to end of row. 14 (15-18) sts.

**Next row:** Purl.

**Tie shaping: 1st row:** (RS). Knit to last 3 sts. K2tog. K1.

**2nd row:** P1. P2tog. Purl to end of row.

**3rd row:** Inc 1 st in first st. Knit to last 3 sts. K2tog. K1.

**4th row:** As 2nd row.

Rep last 4 rows 0 (1-1) time more. 11 (9-12) sts.

Proceed as follows:

**1st row:** (RS). Knit to last 3 sts. K2tog. K1.

**2nd row:** Purl.

**3rd row:** Inc 1 st in first st. Knit to last 3 sts. K2tog. K1.

**4th row:** Purl.

Rep last 4 rows 5 (5-6) times more. 5 (3-5) sts.

Work 4 rows even in stocking st. Cast off (RS).

**Right side edge of Collar:** With RS of work facing, smaller needles and A, pick up and knit 58 (61-64) sts from marker along right side of Collar.

**Next row:** (WS). Cast on 15 sts. Knit to last 2 sts. Inc 1 st in next st. K1.

**Next row:** With MC, inc 1 st in first st. Knit to end of row.

**Next row:** With MC, knit.

**Next row:** With A, inc 1 st in first st. Knit to end of row.

**Next row:** With A, knit. Cast off knitwise (RS).

**Left side edge of Collar:** With RS of work facing, smaller needles and A, pick up and knit 58 (61-64) sts along left side of Collar to marker.

**Next row:** (WS). Inc 1 st in first st. Knit to end of row. Turn. Cast on 15 sts.

**Next row:** With MC, knit.

**Next row:** With MC, inc 1 st in first st. Knit to end of row.

**Next row:** With A, knit.

**Next row:** With A, inc 1 st in first st. Knit to end of row.

**Next row:** With A, knit.

Cast off knitwise (RS).

**Ring:** With MC and smaller needles, cast on 3 sts.

Proceed in stocking st for 2 ins [5 cm]. Cast off. Sew cast on and cast off edges tog to form a ring.

**Inset:** With MC, cast on 5 sts.

**1st row:** (RS). With MC, inc 1 st in first st. Knit to last 2 sts. Inc 1 st in next st. K1.

**2nd row:** With MC, purl.

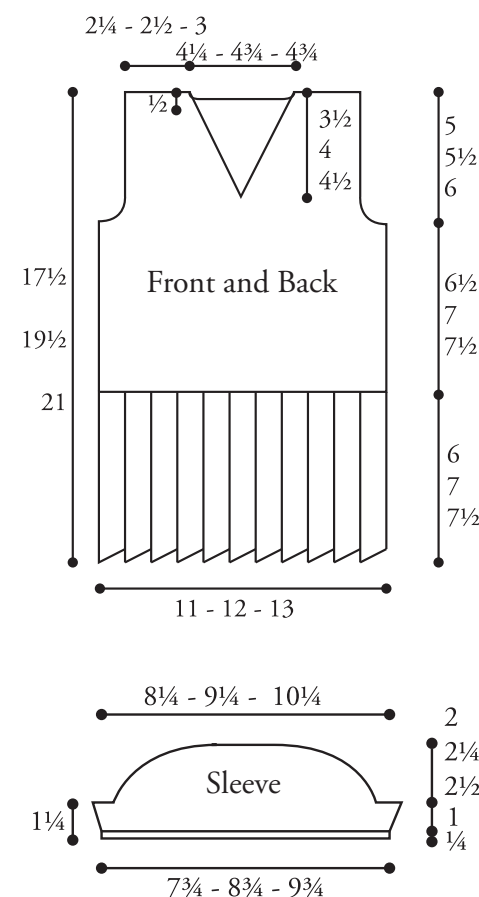
**3rd row:** With A, as 1st row.

**4th row:** With A, purl.

Rep last 4 rows 3 times more. 21 sts.

With MC, knit 3 rows. Cast off knitwise (WS).

Sew back of Collar to Back neck edge. Sew front of Collar to V-neck edge, leaving Side Edge extensions loose. Insert Side Edge extensions into ring. Sew ring and inset in position to Front. Sew in sleeves. Sew side and sleeve seams. Using damp cloth, steam press pleats into position.



**Patons**

... a part of your life.

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